

Karunya News



...the one who began a good work among you will bring it to completion... (Phil.1:6)

Karunya Trust focuses on enhancing the living conditions of the rural and the urban communities of Maharashtra. We do this by organizing women through Self Help Groups, farmers' groups, youth groups, providing disaster management skills, health care and education and fighting for children's rights.

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GOD EXPECTS HIS CHILDREN TO BE MERCIFUL



Our God is a God of mercy. When He appeared to Moses, He declared His name before himself in these words: "...The LORD, the LORD God, merciful and gracious, slow to anger, and abounding in goodness and truth..." "We see that in mercy He led his people forth out of Egypt to their habitation. Perhaps one of the most repeated themes of praise in the Bible are the words, "His mercy endures forever." It is God's mercy to which we primarily appeal. Of course, the greatest act of mercy that God has ever demonstrated was to send his Son to die for our sins. In Titus 3:5 we read that "He saved us, not because of righteous things we had done, but because of his mercy..." Mercy was such an important thing to the early Christians.

Because God is a merciful God, He expects His children to be merciful. Mercy is so important that God instructs us to bind it around our necks and write it upon the tablet of our hearts (Prov. 3:3). In Matthew 23:23, we learn that mercy is one of the weightier matters of the law, and that it takes precedence over many other things. The prophet Hosea informs us that God desires mercy, even more than He desires sacrifice (Hos. 6:6). When Jesus delivered His Sermon on the Mount, He summarized the biblical teaching in these simple words, "Blessed are the merciful, for they will be shown mercy" (Matt. 5:7). In another place, the Lord gives us a simple command to be merciful: "Be merciful, just as your Father is merciful" (Luke 6:36). The another reason we must perform the works of mercy is because the Holy Eucharist, which is "the source and summit of the Christian life" as the Second Vatican Council described it, moves us from sacramental union with Christ in his Eucharistic Body to union with Christ in his Mystical Body, in the least of his brothers and sisters. This two-fold love, stemming from the Eucharist, is the fulfillment of the love of God and neighbour mentioned above. This two-fold Eucharistic love becomes the basis upon which to live our new life in Christ. It is not enough to have mere piety. To live fully in communion with Christ, we must reach out to our neighbor as well. The works of mercy are important because they connect the love of neighbor with the love of God. The works of mercy is quite simply that Jesus is still in need in the neediest of his brothers and sisters. He tells us that he is still hungry, thirsty, naked, homeless, sick, and in prison in his disciples.

MarThomas Elavanal, Bishop of Kalyan

KARUNYA IMPACT

Donate Life... Be A Light To The World

Our dear Brother Michael John from Thane parish, who left us for his heavenly abode on 1st Sept 2015. He donated his Skin and eyes as Organ donation and thus became the first example in our Diocese through our Organ Donation Campaign. We ask God to bless his soul and comfort his dear ones.

"To Be an Organ Donor means to carry out an act of love to someone in need toward a brother in difficulty. Its a free act of love, of availability, that every person of goodwill can do at any time and for any Brother..."

Pope Benedict XVI

So far, with the help of Kalyan Mathrusangam Karunya Trust has mobilized 5958 Organ donation declaration forms in a span of 2 years.

For more information visit: www.karunyatrustonline.org



Mr. Michael John
Died: 01-09-2015

WOMEN EMPOWERMENT-TOOL FOR DEVELOPMENT



Ambernath: I am Durga Pandit Phasale from Waholi village, Kalyan. I used to do Coolie work. Once I expressed my desire to start a petty shop in my house to Mrs. Sadna Butere, Karunya Trust Animator. She increased my confidence level and motivated me. I took Rs. 6000/- from my father and brought different items. At the start I sold things house to house and I got a good income from it. Now I am able to earn around Rs. 3000/- per month. My attempt in developing the shop also helped me to learn the skills for business. I thank Karunya Trust for supporting and infusing a desire in me, and raising my self confidence.



Mrs. Sadana Butre, Jeevan Animator

POPE FRANCIS SPEAKS:



"Feeling mercy, that this word changes everything. This is the best thing we can feel: it changes the world. A little mercy makes the world less cold and more just...There is so much need of mercy today, and it is important that the lay faithful live it and bring it into different social environments. Go forth! We are living in the age of mercy, this is the age of mercy."

EDITORIAL: DARE TO BE COMPASSIONATE...



There was a rich and miserly man who avoided all those who asked for his help by various questions. One day a little girl came to him begging. The rich man told her I will give you Rs. 100, if you tell me which one of my eyes is artificial? The little girl was confused and had no answer. She looked at his eyes for a while and said "the right eye". The rich man couldn't believe it. Because many had failed this question and a little girl could do it. He gave her Rs. 100 and asked, "Tell me how you identified it." She replied "Uncle you know I could see bit of love and compassion in your right - artificial eye. The bible says about Jesus "...when he saw the crowd, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd". Immediately after these words, Jesus sends his disciples instructing them to alleviate the suffering of the people saying "...cure the sick, raise the dead, cleanse the lepers...you received without payment and give without payment" (Mat 10:8). We all came to this world with empty hands. What we own today is because of a compassionate God who gave us compassionate people around us. A lion's portion of our life we received without payments... do you feel you have to give back without payment? Dare to be Compassionate? People fear to express compassion because compassion always compels you to a positive action which will demand your time, energy and resource for the good of your brethren. So easily we avoid a compassionate heart with lots of questions in our hearts like the rich man. Who is responsible for this situation? The social structure is culpable for this. I am ready but there is no one with me. Today Karunya Trust works for education of 2750 less privileged children. And here is the impact: Under Project Savli (project for HIV/AIDS affected children) 6 children passed their SSC exam in March 2015 and 14 of them will appear for SSC exam in March 2016. Under Tribal project Bharari, 31 of our children passed their SSC exam in March 2015. In four years time we are privileged to touch the lives of 724 children from the slums of Govandi under project Gyansaathi. 407 of them are admitted to formal schools. In March 2016, 32 of our children will appear for their SSC exam under National Institute of Open Schooling (NIOS). The above results show the impact of COMPASSIONATE HEARTS who fulfil the pledge they took for years that "India is my country and all are my brother and sisters..." I salute you dear friends of compassionate hearts and my Team Karunya (to whom this issue of Karunya News is dedicated). Let the one who began a good work among you bring it to completion..."



Fr. Paul Kunduparambil, Director

MOTIVATION-EMPOWERMENT- PARADIGM SHIFT

Ambernath: I am Sunita Madukar Jadhav from Borhadpada village Ambernath, std 8th drop out. My father is old and sick and a blacksmith. He does not get regular work. My mother is a handicap. I have two younger brothers who go to school. My family at times struggle to have three times meal a day. I got the opportunity to learn tailoring course organized by Karunya Trust under iSAVE project. I took this opportunity as a challenge and I mastered tailoring skills. I did not have machine, so I used to stitch on my neighbor's machine and give her the commission from every material I stitched. Karunya Trust willingly offered sewing machines to me and other 26 girls who had gained the skills. through this, I have earned Rs3000/- and run my daily home expenses. Today I am confident, independent and enhancer of my family's economic growth because of Karunya trust.



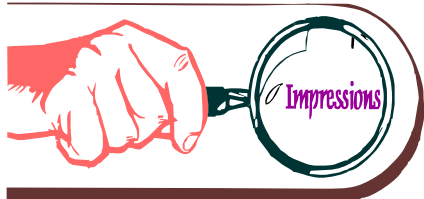
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Karunya Trust with all its teachers and well-wishers are doing a golden service particularly in a location where very few will do so. I am sure by the Grace of God these kids will grow up to be a good citizens of our country and they will change this environment. Please be free for any support from us. God Bless you all

N.R Parameshwaran (LIONS)



From the corners of India: News from Urban Project

OUR SOLES ON A SOUL STIRRING TRIP...



A trek was organized for the 32 tenth standard students of National Institute of Open Schooling (NIOS) of Gyansaathi project to Yogi Hills Mulund on August 22nd 2015. The trekking was not only a fun adventure but also served as a learning experience. The students learnt values of togetherness and helping one another in reaching and achieving their goals. They went home refreshed and with wonderful, memories of the first trek of their lives..

SPORTS: CAPSULE FOR PHYSICAL DEVELOPMENT...



On 8th Aug 2015, a sports capsule was held at Gyansaathi in which 30 children participated. Outdoor sports activities like batminton and volley ball were conducted in the morning session. And the indoor sports carrom and chess were conducted in the afternoon session. Volunteers willingly came, gave their time and taught the basic rules of the games to the children. The children were given a chance to participate in any one game of their choice. This sport capsule was held to instill the culture of sports along with education. Most children gave their name for games that they did not know. This displayed the children's interest in new activities. The children were very excited on learning a new sport and also suggested more such activities. The volunteers were Henrik and Gita for chess and Volleyball, Antony Rodrigues for Batminton coaching, and Ganesh from GEAH for carrom coaching.

A GUARDIAN TO MY SISTER...



Raksha Bhandan was celebrated on 28th August 2015 at Gyansaathi with 140 children. The history of the event and the story of the sage was narrated. It was celebrated by the children where the girls tied rakis to the boys to display the bond of affection between brothers and sisters. The brother promised to protect their sisters from all harms and troubles and the sisters prayed to God to protect their brothers from all evils. Raksha bhandan was celebrated among the children to signify the warmth and the peaceful co-existence of every individual. It was also celebrated to promote unity and commitment to protect the rights of children and encourage a harmonious social life. A high sense of love & affection was expressed by the children through this gesture.

A START OF A TWIN SEED... GYANSAATHI II



Gyansaathi II officially inaugurated on 4th July 2015 in the presence of Deutsche Bank staff. With the blessing of our Lord, we now have a new replicated centre now catering to more children with the support of Deutche Bank.

LAGOM... GYANSAATHI

Recently I visited the slums of Govandi, the dumping ground of Mumbai. It's a poverty-stricken, crime-riddled place. There is garbage piled sky high, the homes are little more than tin roofs and bare floors, there is never enough food and worst of all, the water supply comes from tankers 'once a week'. Domestic violence, addictions, rapes and incest are rampant. In the midst of this ramshackled world, a friend of mine runs a school for the slum kids. These kids come from the lowest strata of society, from below the so-called poverty line. Their stark stories were sordid enough to outdo the dump that bordered their world. But despite all that, there is one thing that went straight through to my heart – the sparkle in their eyes! Their eagerness to study, to move forward, to earn their rightful place in society shone in those beautiful faces. At home, they might be just another pair of hands that rummage through garbage to earn some money. But in that dilapidated building that housed their classroom, they were transformed. Life sprang forth from them like rainbows from a sun-drenched monsoon sky. Later, as we walked around the 'basti', a little girl started following us around like a lamb. Along the way, she slipped her hand into mine. It was a casual gesture but somehow it meant the world to me. It was more than just a holding of hands; it was trust, love and a message. A message that reverberated through my head and has settled into my soul. A message that might unravel in time. Sometimes the Universe sends us paychecks. And sometimes a huge bonus. I recognized the day as a blessing. As if before I left this world, I was given a glimpse of the pre-requisites of heaven. In a society, where everyone is constantly trying to prove something to the world and is hankering after more and more, I was introduced to selflessness, compassion, empathy and pure love. The teachers and staff who work there look like the richest people in the world. They do not need facials to make their skin glow. They are intrinsically beautiful. Their life is a daily struggle to educate those kids, yet they seem serene. All they seem to want is a little help and support. Not too much, not too little, but just right. Like the Swedish say, 'Lagom'. Lagom. It means something like, not too much, not too little, but just right.



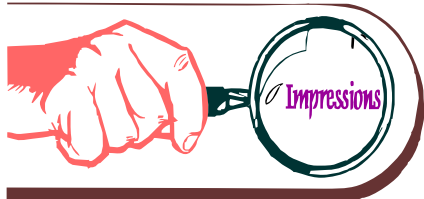
Renica Rego, Writer and Blogger.

TEAM KARUNYA-SHARING JOY FOR A BETTER WORLD



GENEROUS CONTRIBUTIONS:

Our Partners:- Deutsche Bank, HCDI, PHFI, GEAH, Future Children, O.N.G.C, Rashmika, Samsung, Habitat India, DOW, Caritas India.
Agencies/Association:- United Way Of Mumbai, Altar Angels- Marouli, Dobitalao Parish, Ernst & Young Foundation, Letz change Foundation, Adi Medi Pvt Ltd, Reetha Die Works, Youth – Bhandup Parish, Christ King Church – Bhandup, Fr. Lijo M, D'decor Exports Pvt Ltd., Jessena Marine Services Pvt Ltd., St. Thomas Catholic Church- Virar, St. Berthalamoe church- Kalyan
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Here lies a world that we have just read in paper or seen in movies. But the experience here makes us feel our world is so less. Met some angels working hard and dedicated on this earth, makes us feel there is so much we have to thank God for, makes us feel pity on ourselves of the trouble we crib about, makes us feel there is so much we can do and we don't do, makes us happy that the smiles we see when they meet us. The joy that we feel in selfless giving is an experience and cannot be described.

Kalyan Eparchy Youth
Rain Camp Group 2015



From the corners of India: News from URBAN Project

JEEVASHRADHA: POWER OF KNOWLEDGE



People are afraid of the word HIV/AIDS and donot want to speak in open. This is what can cause a bigger problem. Karunya team was conducting an HIV awareness program at SatheNagar(Thane) when we came across Nazma (name changed).She was staying at Azamghad at Uttarpradesh but had come to Mumbai with her family to make her living. She was detected HIV positive in Uttarpradesh and was taking her medicines daily from ART center at Uttar Pradesh. But when she came to Thane, unfortunately she lost her ART book and was unable to take medicines for the last 3 months. She was unable to disclose her condition to others in the vicinity.She was afraid that other will know about her disease. But one day when she saw Karunya Trust team doing HIV awareness program at her area, she gathered strength and came to the team members and narrated her story. Karunya Team took her to the ART center Thane and through coordination from ART center Uttarpradesh got the PID number of Nazma. So her case was transferred from Uttarpradesh to Thane. And now she is able to take her ART medicines from Thane.



Report-Ayudh Kasbe, Program Manager

THANK YOU FOR SAVING OUR LIVES...



One day when I was doing an interpersonal communication session with ladies picking up garbage from Indra Nagar area I came across a woman named Savitri (name changed). During the session I saw that Savitri was disturbed. After my session I went out to her and asked her if she was having any issues, she was initially not opening up but on prodding further shei told me that she was detected with HIV disease 2 year ago. She used to take her medicines daily. But last month her husband left her and she was alone. Because of which she became frustrated and was very angry. Then she stopped taking medicines. She didn't want to live any more. I asked her to come to our office at Lokmanya Nagar for which she agreed. She came to our center where a proper counseling was done and the importance of taking medicines was clearly informed to her. She agreed to take medicines daily. Today Savitri takes her medicines daily and thanks Karunya Trust for helping her.



Report-Varsha Mohite, Out Reach Worker

From the heart of India: News from Rural Project

LIFE IN ABUNDANCE - PROMOTION OF LIVELIHOOD PROGRAMS

I have been closely associated with the activities of Karunya Trust for over five years.Two projects of special interest to me, are the housing project which was launched as a part of the Siver jubilee celebrations of the Kalyan diocese and the livelihood project where tribal girls are taught tailoring and helped to purchase a sewing machine. I have observed with a sense of satisfaction the care with which the Karunya team selects beneficiaries for the housing project. Priority is given to the most disadvantaged ie,poor widows,handicapped people,the elderly and destitutes.Most of their dwellings are in a totally dilapidated condition.Whatever can be retrieved from their homes are used in the construction of a new home.It is ensured that the ownership of the house is with the woman ,either in their single name or jointly with her husband/son.This brings in empowerment to the woman.The beneficiaries actively participate in the construction of the new house.The new home results in the holistic development of the family.The house gives them not only safety and shelter,but boosts their self esteem.The children study and perform better.The families start using toilets and a sense of cleanliness sets in.The success of this project has given me immense satisfaction and the Karunya team has to be complemented for their excellent work. The tailoring project is an intensive four month program,where tribal girls learn tailoring and are helped to have a sewing machine of their own.Many of the girls have taken up tailoring as a serious profession earning decent income for their families.This has instilled self confidence in them and earned them respect in the community.This project is a very satisfying one,where modest investments are reaping rich returns.



Mr. Babu Joseph handiing over tailoring certificate

SHELTER- A NEW IDENTITY..

I am Vimal from Kuradpada village Ambernath Taluka. I am handicap in my right hand and mother of two children. I lived my life selling wood from the forest. At times I struggled to give three times meal to my children. I had no proper house. In rainy season we had sleepless nights due to leakage. My children often used to get sick. I wished I could have a decent house. At the same time I was also aware that with a low income, it may not be a reality ever in my life time. Karunya Trust gave me a decent house with safe roof. Today I am secure with my family and my children are healthy. I thank Karunya Trust for trusting me that I could construct the house which restored self confidence and self esteem in me. Today I am ready to face my life. I extend my indebtedness to Karunya Trust for recognizing my need and giving me protection.



FORTUNE SHINES-



I am Anandi Baluram Pawar, from Chon village, Ambernath taluka. I belong to Kartakri Tribe, which is considered the most backward tribe of Maharashtra. My husband is handicapped, and not able to work. I used to go for labour work; I never got regular work and it was very difficult for me to meet the needs of my three children and husband. I was not able to give bus fare to my son to go to school. With such acute poverty my son dropped out from school. Two years back, Karunya Trust started collecting women to form Self Help Groups. I decided to save Rs.50/- per month and joined Durgadevi Self Help Group. One day while I was in a monthly Self help group meeting Mr.Vishnu the animator from Karunya Trust came forward with a proposal of income generating programme(IGP). I whole heartedly expressed my desire to take up the programme. Since in my village there was no chicken shop I decided to start on. I received Rs.10, 000/- from the Trust to start a chicken shop. It is my good fortune today I am earning Rs.200/- per day. My family condition is improving, my son started to go to school and I am saving money. People in my locality are surprised at the fact that a Katkari woman can start a own business and become independent. With the support of Karunya trust I have created my identity as a woman who has courage to dare.....

A JOURNEY TOWARDS THE AWAKENED EMPOWERMENT...

SHA (Self Help Approach) concept was introduced to SHG women in January 2015. This concept introduces the empowerment of women through goal setting process. The goal setting process is a training to think about the present situation and from the present situation train oneself to make good goals for a better and fruitful future. The Self Help Approach has enabled women to plan their activity and to monitor it through scoring the achievements of the activity planned. In the process of achieving their goals they overcome the insecurity and become confident. They have learned to own up their goal in life and take personal responsibility to achieve that goal. This process has awakened the hidden power of decision making among women and strengthen their bond in the group. They have become watchful about the economic, social and political issues of their villages. The



SHGs who went through the process of Goal setting training feel proud today to tell that they visited the grampanchayt and BDO office to submit their applications, this distance reality was materialized by them because of Goal setting training. They feel happy and strengthened within that by practicing the process of goal setting they will climb the ladder of empowerment and owners of their rights.

Report - Sr. Shaila Philip Rosario, Project Incharge, Rural Development

SCMM 2015: 2nd YEAR OF PARTICIPATION IN SCMM AND WE HARDLY RAN

This time, my wife and I wanted to ensure that this 2015 participation had to be meaningful for Karunya and the Gyansaathi children for whom we were there in the first place. To soak in the festivity, to carry the placards, speak to radio jockeys and raising awareness of the wonderful work that Karunya Trust is doing through Gyansaathi was not only enjoyable but also a responsibility that we thoroughly enjoyed doing. Covering a stretch of 7 odd kms went like a breeze and we didn't want it to end. Such was the involvement that, with music, dance and spreading the word about Karunya, there was no fatigue at the end. When we finally departed after spending time with all Gyansaathi children, it was with a heart full of gratitude, lovely memories and resolve to do more.

Ajimon & Shiny

This year, on 18th January, I ran the half marathon at the Standard Chartered Mumbai Marathon 2015. This was my third SCMM but I was as excited and nervous as my first. Regardless of what anyone might say, running a 21km race is always a fresh challenge. Just because you completed the race last year doesn't guarantee you a finisher's medal this year. You have to train for it. When fatigue hits you, and believe me it will, you have to call on every bit of stamina you built through the year but most importantly you have to hold your nerve and keep the feet moving. It is the thrill of testing your physical endurance and overcoming your own mental limitations that makes running a marathon such an irresistible challenge. This year however, while running the SCMM I had one far more important challenge. This year I was running to raise funds for a vocational centre at Gyaansathi, the school for under privileged children run by Karunya Trust. I knew most of these children and I knew how much impact the vocational centre would have on their lives. Around the 18th km, when I felt all my energy drain away and I was about to hit the dreaded runner's wall, the thought that these children were cheering for me kept me going. Running is a beautiful experience. Running a marathon is an enriching experience. Running a marathon for a charitable cause is a life changing experience. Try it this year, you will never be the same again.

Nilesh Nandoskar

...the one who began a good work among you will bring it to completion... (Phil.-1:6)

Life is a Constant Race... You and I run...

Try running for a Higher Cause

Run for Gyansaathi and

Build Lives through Education

Standard Chartered
Mumbai Marathon
Jan 17, 2016



Participate in Asia's largest marathon

Give wings to the dreams
of the under privileged!

Gift them Life!...

For further details on registration visit: www.karunyatrustonline.org | E-mail: karunyatrustkdsa@gmail.com |
Contact - Kevin: 9987153661/ Rose: 9619493032/ Sr. Betty - 9969961396



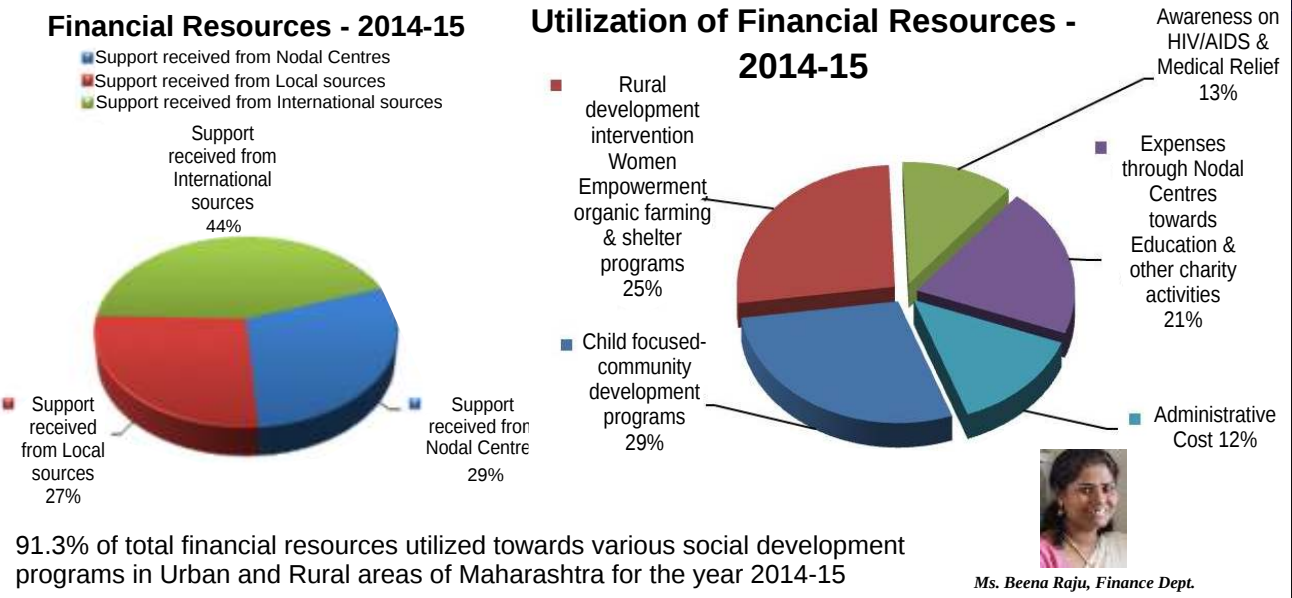
A tribute from Karunya Family.

To the bereaved family members of Kiran Shivaji Tombre,
from Lavalee village, who has died on 9th Sept.15

May her soul rest in peace.

(Kiran was supported under Karunya Trust, Bharari project, Ambernath Taluka)

Karunya Trust Financial Report for the Year Ended 31st March, 2015



Yes I want to get involved through Donation
(Donations are 50% deductible under section 80G of the Income Tax Act)

☐ In Cash*	☐
Education Programs	
☐ Rs. 600/-	to educate a child rag picker for a month
☐ Rs. 1000/-	to provide initial study for a poor student
☐ Rs. 1500/-	to provide a scholar lantern to a poor student
☐ Rs. 6000/-	to educate a HIV infected / affected child for a year
☐ Rs. 10,000/-	to provide partial support for professional education for a student
☐ Rs. 20,000/-	to provide professional education for a student for a year
☐ Rs. 25,000/-	to educated child for five years (5th - 10th std)
Vocational Training	
☐ Rs. 3,000/-	to provide 3 month Vocational education to boy/girl
☐ Rs. 3,500/-	to provide 4 month tailoring course to a girl
☐ Rs. 6,500/-	to provide a tailoring machine to a trained girl
Meal for the poor	
☐ Rs. 1000/-	to provide one time meal for a family, for a week
☐ Rs. 3000/-	to provide one time meal for a day, for 100 street children
☐ Rs. 12,000/-	to provide one time meal for a week, for 100 street children
Health Programs	
☐ Rs. 2,500/-	to support a bed ridden patient for a month
☐ Rs. 3,000/-	to provide monthly medical check up, for 100 street children
☐ Rs. 9,000/-	to provide quarterly medical check up, for 100 street children
☐ Rs. 9,000/-	to provide initial care and support to a destitute
☐ Rs. 10,000/-	to conduct medical check ups & provide medicine at rural village (for 300 people)
Income generation programs for rural women and farmers	
☐ Rs. 4,000/-	to provide initial support for organic farming
☐ Rs. 4,000/-	to provide initial support for small scale IGP
☐ Rs. 5,000/-	to provide two goats to a needy family in a rural village helping them for a steady income
Shelter Programs	
☐ Rs. 15,000/-	to provide partial support to build a house
☐ Rs. 25,000/-	to provide major support to build a house
☐ Rs. 50,000/-	to provide full support to build a house
*By Cheque ☐ or DD ☐ No. _____ Dated _____ In favour of KARUNYA TRUST, Bishop's House, P.B. No. 8434, IIT P.O., Powai, Mumbai - 76, Maharashtra, India.	
Net Banking: (A/c. No. 0366053000008467, South Indian Bank Ltd. Powai, IFSC code of A/c. SIBL0000366) (Once you transfer your generous contribution, kindly inform Karunya Trust either by Phone 022 25798625 or email at karunyatrustkdsa@gmail.com)	
In Kind ☐ Note books for children ☐ Library books for children ☐ Stationary ☐ Sports items ☐ Dress materials ☐ (other)	
My voluntary service ☐	
My proficiency	
We will provide you with regular updates and the impact of your contribution in changing the lives of people in turn through our newsletters, reports & website.	
My Name	:
My Address	:
E-mail	:
Ph. / Cell No.	:
	Cut & Post this form to: The Director, Karunya Trust Bishop's House, P.B. No. 8434, IIT P.O., Powai, Mumbai - 76, Maharashtra, India.
e-mail: karunyatrustkdsa@gmail.com ; Website: www.karunyatrustonline.org Facebook: Karunya Trust, Diocese of Kalyan	
Let us meet at: _____ "Welcome to Karunya Trust, Your presence and suggestions are valued in our organization"	

KARUNYA TRUST INVITES VOLUNTEERS

Come volunteer with us in our Urban and Rural Projects to teach students, be a sports coach or share your creative Talents. (Yogendra from Oracle, comes in from Virar every Saturday to teach English to our students)
Volunteers may contact: 022/ 25798625/ 8879801813 or E-mail to karunyatrustkdsa@gmail.com

